

Oncology and Urology Nurses CNE

3.0 Hour CNE for Oncology, Urology Nurses and Nurse Navigators

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Your talk was perfect for our venue. Your words and experience brought the audience together. Your wisdom from your experience and how to truly connect, open your heart, and find your light and happiness resonated with the entire room. I have received feedback from a number of the guests who truly “experienced” the evening and were deeply touched.

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Darci McNally, MSW, LCSW, OSW-C Lynn
Cancer Institute - Program Director

Oncology and Urology Nurses and the Intimacy Conversation

A fresh approach to help cancer patients & partners address intimacy

All cancers affect the experience of intimacy. And, the number one complaint from those with reproductive cancers is that the health care system inadequately prepares them for the potential impact to their intimate relationships.

In this humorous, powerful and transformative workshop, clinically impotent cancer survivor, Michael Russer and his partner Jacqueline Lopez share how just a simple 30 second conversation can radically change this perception.

During this session on advanced intimacy, relationships and oncology staff/patient communication, participants will learn and be able to immediately:

- Tell patients what they need to hear from you beyond how you are working to save their life;
- Instantly and deeply connect with patients so they feel truly heard and cared for regarding intimacy;
- Turn potentially frustrated and angry patients into your biggest advocates;
- Implement a simple no-cost process for addressing intimacy before, during and after treatments;
- Discover why this approach will make your work so much more fulfilling and enjoyable.

Who This Is For: Urology and Oncology nurses / Nurse Navigators. *This continuing nursing education activity was approved by the Alabama State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.*



Michael J. Russer is an ongoing survivor of two forms of cancer, a 20+ year international professional speaker, TEDx Talk alum, author and radio co-host who is clinically impotent

due to castrate-resistant prostate cancer. He has written well over 100 articles several of which have been published by Huffington Post, Maria Schriver.com and Coping with Cancer magazine.



Jacqueline V. Lopez is Michael's life partner, professional speaker and co-keynoter at their many events. A native of Brazil and Paraguay, her rich cultural heritage brings a

unique and engaging flavor to her speaking. She is also a Certified Public Accountant, CEO of an international web development firm, professional event organizer and radio co-host.

Michael and Jacqueline frequently speak to cancer survivors and their partners as their ongoing mission to support the healing and wellbeing within this community. They have also co-authored their latest book: **“Return to Sex & Intimacy – for Cancer Survivors and Their Partners”** (published May 2017).



Raving Reviews ...

“Your presentation was RIVETING and you and your mate’s passion in your service to others is so needed at this time in our lives...with or without a serious illness. In all my support groups that I facilitate, the ‘intimacy factor’ is the elephant in the room that often is not addressed...I would love to see your offering at one of the Healing Journey’s conferences!”

Jeanine Bryant, MS *Sierra Nevada Memorial Hospital*

“The presentation was outstanding! We received many expressions of appreciation from the attendees. People walked away with the feeling that there is hope for their relationships and that is because of your inspirational story and intimacy-enhancing tips.”

April Hanig, M.A., MFTI, Program Manager
Palm Desert CancerPartners

“Everyone who attended the event felt your heart. Your candid story and the information you shared was vital and many people who attended this presentation reported to me afterwards, of feeling connected with you, inspired by your tale and how they hung on to the edge of their seats to hear your words of hope and love. You are a wonderful speaker who touched all of us with your wisdom.”

Rev. Maryum Morse, Senior Minister *Center of the Heart*

“You did it again. The results are back from our attendee survey and you were by far the highest rated speaker for our conference in Scottsdale, AZ. I’m not surprised given the incredible feedback we received immediately after you left the stage!”

Scott Goodfellow, President *CKG International, Inc.*

Partial Client List ...



To inquire about booking Michael & Jacqueline to speak,
Call: **805-699-5504** | Email: **contact@sosinstitute.org**

Oncology and Urology Nurses and the Intimacy Conversation

A Fresh Approach to Help Cancer Patients & Partners Address Intimacy

3.0 Hour CNE Course Agenda

TOPIC	Time	Teaching Methods
Identifying current caregiver (Urology and Oncology Nurses / Nurse Navigators) concerns and frustrations regarding addressing cancer's impact to patient/partner sex and intimacy.	15 min.	Exercises, participant sharing and recording in activity handout
Understanding cancer patient / partner concerns, challenges and opportunities regarding regaining sex and intimacy in the face of cancer (Lecture / Talk). NOTE: This is the same talk given around the country by the Presenters who are professional speakers and part of the survivor / partner community.	90 min.	Highly engaging and authentic talk about the Presenters own story of struggling with these challenges and turning them into a triumph of extraordinary sex and intimacy that is accessible to all.
BREAK	5 min.	N/A
Understanding patient/partner common sex & intimacy challenges.	10 min.	Review discussion and challenge questions based upon what was learned in the 90 min. talk section.
Principles for growing emotional intimacy regardless of cancer's impact.	10 min.	Review discussion and challenge questions based upon what was learned in the 90 min. talk section.
Principles for achieving fulfilling sexual intimacy regardless of cancer's impact.	10 min.	Review discussion and challenge questions based upon what was learned in the 90 min. talk section.
Connecting with and reassuring patients/partners about their sex & intimacy in the face of cancer.	15 min.	Demonstration on how caregivers can create nearly instant authentic human connection and rapport with patients/partners.
Caregiver and patient/partner cancer intimacy help resources	10 min.	Participants are given no-cost cancer intimacy resources for themselves and their patients / partners.
Assessment of Caregiver Impact - how what participants learned can assist them to better help patients / partners deal with cancer's impact to their intimacy. And, how putting into practice what they've learned will impact their overall job satisfaction and reduce on-the-job stress levels.	10 min.	Participant verbal feedback and discussion.
Final review and evaluation	10 min.	Presenters review main learning objective points and provide Participants an evaluation form that they must complete.